

Whatever the occasion, rely on MR.SUB Catering for fresh subs, wraps, salads and more to help satisfy the hungriest crowds!






PARTY SUB

(470-590 Cals per serving, serves 8-10)

Reserved for groups of insatiable, sub-loving fanatics, this Party Sub is roughly TWO FEET of what we do best! Made from six (6), Large subs braided together — it's pure sub awesomeness. Featuring our top selling Assorted Sub.

Extra Large Party Sub & other Party Sub varieties also available - ask us for details!

For a complete Nutritional Listing of our entire menu, including allergen information, please visit mrsub.ca. If you don't find what you're looking for, please speak to someone in restaurant.

mrsub.ca   

CONTACT YOUR LOCAL MR.SUB LOCATION FOR MORE INFORMATION.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

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ORDERING

To place an order, please call or visit the MR.SUB restaurant closest to you. For a complete list of locations, please visit mrsub.ca

Important things to know before ordering:

- We strongly recommend 24-hour advanced notice to ensure adequate time for preparing larger orders.
- Extra cheese or bacon can be added to any sub or wrap for an additional charge.
- Payment options include cash, credit, MR.SUB gift card or in-store debit.
- Product selection and prices may vary by region and are subject to change without notice.
- Delivery is available in some locations. Please contact your local restaurant to confirm if you are in our delivery area.
- Party Boxes include plates and napkins. Cutlery available upon request.



\$10 OFF YOUR NEXT CATERING ORDER*

EXPIRES DECEMBER 31st, 2019
Valid at participating locations.

*Receive \$10 off any catering order of \$75 or more, before taxes, upon presentation of this coupon. Valid with coupon only. One coupon per order. No substitutions. Additional cost for extras. Plus tax.

CATERING MENU

PARTY BOXES

CLASSICS SUB PARTY BOX

(350-650 Cals per serving, serves 6-8)

Five (5) Large subs cut into quarters.

Featured subs: Assorted x 2 (490-650 Cals per serving)
Ham (380-500 Cals per serving)
Turkey (360-480 Cals per serving)
Veggie & Cheese (350-470 Cals per serving)

SUB & WRAP PARTY BOX

(210-490 Cals per serving, serves 8-10)

Three (3) Large subs cut into quarters and five (5) wraps cut into halves.

Featured subs: Assorted (390-490 Cals per serving)
Ham (300-380 Cals per serving)
Turkey (290-360 Cals per serving)

Featured wraps: Roast Beef & Cheddar (260-310 Cals per serving)
Turkey (220-270 Cals per serving)
Albacore Tuna (250-300 Cals per serving)
Veggie & Cheese (210-260 Cals per serving)
Seafood* (280-330 Cals per serving)
**Availability may vary per restaurant.*

WRAP PARTY BOX

(220-340 Cals per serving, serves 8-10)

Ten (10) wraps cut into halves.

Featured wraps: Roast Beef & Cheddar x 2 (260-310 Cals per serving)
Turkey x 2 (220-270 Cals per serving)
Albacore Tuna x 2 (250-300 Cals per serving)
Ham x 2 (230-280 Cals per serving)
Louisiana Pepper Chicken* x 2 (290-340 Cals per serving)
**Availability may vary per restaurant.*

DELUXE SUB & WRAP PARTY BOX

(200-370 Cals per serving, serves 8-10)

Three (3) Large subs cut into quarters and five (5) wraps cut into halves.

Featured subs: Ultimate Club (250-370 Cals per serving)
Roast Beef & Cheddar (200-300 Cals per serving)
Canadian Club (230-340 Cals per serving)

Featured wraps: Southwest Thai Chicken (270-340 Cals per serving)
Peppery Chicken Caesar* (290-360 Cals per serving)
Chipotle Turkey & Bacon (280-350 Cals per serving)
Buffalo Chicken x 2 (270-340 Cals per serving)
**Availability may vary per restaurant.*

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THE GOLD ONE

BOX OFFICE HIT

ROMAINE CALM

DILL WITH IT

CRUNCH FACTOR

SWEET ENDINGS

SALADS

GREEK, CAESAR OR GARDEN

Serves 5 as a meal (110-140 Cals per serving) or 10 as a side (60-70 Cals per serving)

The perfect complement to any of our subs or wraps, our salads are made with only the freshest ingredients and your choice of flavourful salad dressings.

Featured salads: Greek (70-140 Cals per serving)
Caesar (60-130 Cals per serving)
Garden (60-110 Cals per serving)
Calories do not include dressing.

Add protein*: Grilled Chicken (add 40-80 Cals per serving)
Ham (add 50-100 Cals per serving)
Albacore Tuna (add 45-90 Cals per serving)
Turkey (add 25-45 Cals per serving)

**For an additional charge.*

SIDES & EXTRAS

DELI DILL PICKLE TRAY

(5 Cals per serving, serves 10)

Tangy and full of crunch, our Deli Dill Pickles are the perfect side! 5 pickles, cut into quarters.

EXTRAS

We also offer a wide variety of Pepsi® beverages (0-290 Cals) and chips (160-240 Cals) as add-ons to any order. Just ask!

SWEET ENDINGS

What's a meal without a little dessert?

BROWNIE TRAY 16 pcs
(230 Cals per serving)

LARGE COOKIE TRAY 30 cookies
(150-170 Cals per serving)

SMALL COOKIE TRAY 15 cookies
(150-170 Cals per serving)

Featured cookies: Double Chocolate Chip (160 Cals)
Milk Chocolate Chunk (170 Cals)
Triple Chocolate Chip (170 Cals)
Carnival (160 Cals)
Oatmeal & Raisin (150 Cals)

